

Breast Cooling Pads

INSTRUCTIONS FOR USE

Please read and retain this important information and contact details for future reference.

To prevent the formation of cracked nipples it is important that baby feeds at mother's breast in a correct position. In case of irritation or cracked nipples, use the cooling breast pads between breast-feedings, following the instructions indicated below:

1. Wash your hands before touching the product.
2. Wash your nipples with lukewarm water and pat dry.
3. Open the sachet and take out the pad.
4. Remove the clear protective sheet and keep it as you will need it later.
5. Place the sticky side of the pad over the nipple.
6. Before breastfeeding, remove the pad from the nipple.
7. Wash your breast with lukewarm water before breastfeeding, taking care to remove any gel particles from the nipple, then dry by dabbing gently.
8. While breastfeeding, place the pad on a clean surface (using the protective sheet). To increase the sense of freshness, during breastfeeding the pad can be stored in the refrigerator.
9. During breastfeeding, check that baby adopts a correct position while feeding at the breast.
10. Replace the pad at least once a day. In case of abundant milk leakage, replace the pad more frequently.
11. Dispose of the pad in the normal household waste. Do not flush.
12. In case of abundant milk leakage, the pad can be used also in conjunction with absorbent nursing pads.
13. If symptoms worsen or persist then you should discontinue using the pads and consult your medical practitioner.

WARNING

The sterility of the product is guaranteed only if the sachet is unbroken.

Use with clean and dry hands.

Ensure that the product is in contact with clean and dry skin.

Dispose of the pads safely and keep them out of the reach of children. Store in a cool, dry place.

Please read the instructions before use.

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